

## **Benefits of CBD Oil**

**Chronic pain, headaches, migraines, arthritis, diabetes, anxiety, depression, Alzheimer's, Parkinson, MS, IBS, Crohn's Disease, ulcerative colitis, cancer, fibromyalgia, sleep disorders, restless leg syndrome, acne, psoriasis, eczema, and many more diseases benefit from CBD Oil.**

**CBD is an herb from the hemp plant. 80% of our immune system is in the gut. People are not digesting. I am talking... not only digesting food but people are not digesting life. CBD Oil has been scientifically proven to help heal the gut.**

**In a 2018 study published in JAMA Psychiatry, British scientists learned cannabidiol can reverse psychosis and bring the brain back to its normal state. They did a double-blind study, for people seeking natural treatment. Taking a single 600 mg. dose of CBD a day, the researchers found, can rapidly reset psychotic brain activity.**

**When the essential mineral lithium is supplemented using an organic carrier to expedite its delivery to blood cells in the brain, there's also large potential for chemical imbalances to be corrected. Taking the mineral lithium can significantly increase the brain's volume in as little as four weeks. The lithium drug is frequently used to treat bipolar disorder, but a lithium orotate supplement can balance moods as a safe alternative to chemical antidepressants.**

**CBD is being used to manage or relieve the day-to-day symptoms of depression and anxiety. Highly concentrated CBD can also ease insomnia and deepen sleep. 80% of children with autism saw improvements when using CBD instead of prescribed drug treatment.**

**Buyer Beware: According to a 2017 Journal of Medical Association study, nearly 70% of online CBD supplements are labelled inaccurately. NewYou Drops are 220 mgs of Canna-actives. They are Phytocannabinoid infused NANO-AMPLIFIED, meaning they go directly into the blood stream and work quickly. They are 10 times more powerful than most competitors' products (\$49). NewYou CB2 is pure Hemp and Humulus (a flowering plant in the hemp family) and Avocado Oil. It is 550 mg of Canna-actives Phytocannabinoids and works more like a time release. It has a natural peppermint flavor (\$109).**

**It is important to note, the World Health Organization has conducted research on CBD Oil and concluded CBD Oil has a good safety profile and is well tolerated by the majority of people.**

**For those seeking natural treatments call Cathy at Heal-Thy Self From Dis-Ease, 309-762-0577.**

**In Health,**

**Cathy Murphy**

**Certified Natural Health Consultant and Nutrition Specialist**